

B2 STEALTH BOXING GLOVES (BG-B2)



SIZE CHART

GLOVES WEIGHT (IN OUNCE)	USERS WEIGHT IN Kg	RECOMMENDED USE
12-OZ	55-68KG	PAD WORK, BAG WORK, CARDIO
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16-OZ	83KG AND ABOVE	SPARRING, PAD WORK, BAG WORK

We generally recommend the following when deciding which gloves to purchase, heavier gloves for sparring & training (14-16oz), a middle weight gloves for cardio training, pad work and bag work (10-12oz), a lighter gloves for competition and ladies cardio training (8-10oz) - always wear wraps or inners under your gloves for hand protection and hygiene

